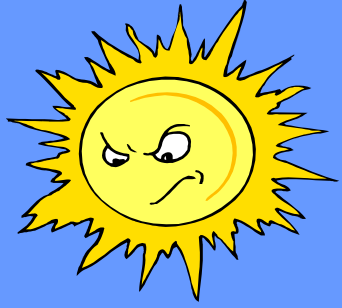
Summer Safety Campaign 2004

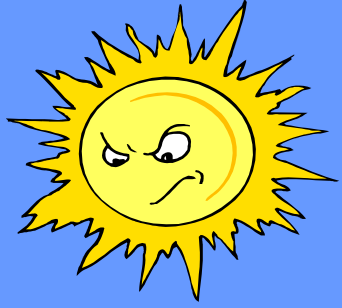


Holiday Safety

Safe Driving

- Use Seat Belts – They Do Save Lives
- Air Bags Only Protect You When You're Buckled-Up
- Don't Drink and Drive
- Drive Defensively to Allow for Others' Errors
- Know and Obey Speed Limits

Summer Safety Campaign 2004

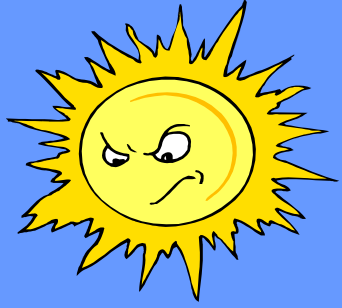


Holiday Safety

Safe Driving

- **Ensure Vehicle and Driver are in Top Condition**
- **Be Prepared for the Trip**
- **Be Familiar With the Route**
- **Have Maps Available**
- **Allow for Sufficient Travel Time**

Summer Safety Campaign 2004



Holiday Safety

Safe Driving

- **Be Aware of Motorcycles – They Accelerate Much Faster and They are Harder to See**
- **Wear all Protective Equipment When Riding a Motorcycle**
- **Ride Your Motorcycle Defensively – Motorcycles Always Lose When Hitting Cars**

Summer Safety Campaign 2004

Holiday Safety

Ever wonder why DWI is illegal?

Presentation is courtesy of Mr. Mike Fordazi, Travis AFB, CA, Safety Office

Alcohol related crashes are the # 1 cause of deaths among Americans

If you have been drinking, call a friend, supervisor, 1st Sergeant or Commander for a ride home

If at a home party, ask to spend the night

MYTHS

- “I don’t have far to go”
- “I don’t feel any effects”
- “I’m more alert after a few drinks”
- “Coffee will sober me up”
- “I just need some fresh air”
- “I’ll drive slowly and carefully”
- “I’ve only been drinking beer”

Take a taxi instead

Say “No” to alcohol

when you know you will need to drive

Don’t give in to peer pressure

Only TIME will sober you up

The Drunk Driver is not the only one at risk....We all are.

How to Spot a Drunk Driver

A driver under the influence of alcohol may:

- Drive with the window rolled down in the cold
- Weave, hit curbs or other objects near the road
- Pass dangerously close to other cars
- Forget to use headlights
- Make wide turns
- Tailgate

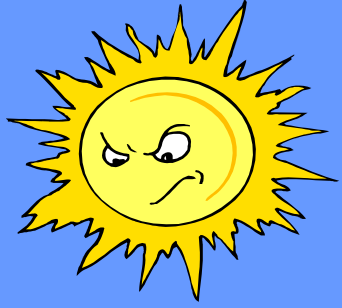
Notify police of any suspicious drivers

Stay alert when driving at dangerous times

Use a designated driver, or one will be appointed to you

DON’T DRINK AND DRIVE

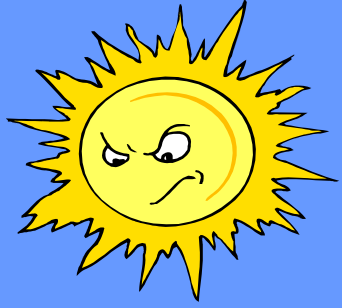
Summer Safety Campaign 2004



Holiday Safety

Do you still wonder why drinking and driving is against the law ?

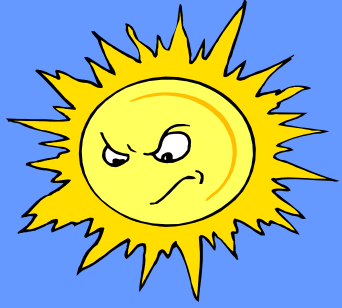
Summer Safety Campaign 2004



Holiday Safety Hostesses

- Don’t make drinking the main focus
- Provide food when alcohol is served
- Don’t push drinks
- Know that drunkenness is neither healthy, safe, or amusing
- Assume responsibility for your guests
- Insure designated drivers don’t drink

Summer Safety Campaign 2004

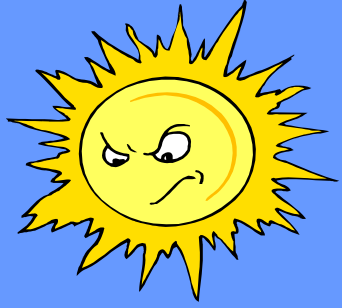


Holiday Safety

Use Common Sense!

- Prevent Heat Injuries
- Drink Lots of Water/Sodas
- Apply Sunscreen or Stay in the Shade
- Swim Only in Authorized Areas
- Alcohol & Water Activities Don’t Mix
- Barbecue Safety

Summer Safety Campaign 2004

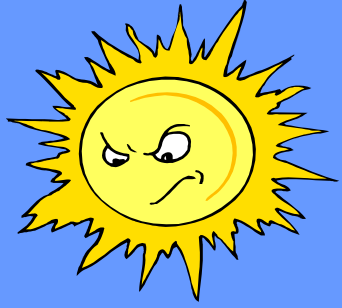


Holiday Safety

Recreational Safety

- Don’t Overestimate Your Capabilities
- Warm-Up Before you “Play”
- Wear Protective Equipment
- Check Condition of Your Equipment (Shoes, etc.)
- Ensure the Playing Field is in Good Shape

Summer Safety Campaign 2004



Holiday Safety

Mitigate Summer Hazards! Use Common Sense -

and the Buddy System.

Have a Nice and Safe